



Date: 9/08/2021

FSO COVID-19 Mitigation strategy update for Friendship Village of Schaumburg Independent Living

Friendship Senior Options continues to be highly committed to the safety and well-being of our Residents and Associates. As previously shared with you, there has been an increase in the positivity rates of COVID-19 infections within Cook County mainly related to the Delta Variant. Our community is also being impacted, as we have been informed of increasing cases among our Independent resident population over the last two weeks. In our continued efforts to keep the health and safety of our residents, staff members, and visitors at the forefront, we will be implementing the following operational changes effective immediately:

Masking

- All individuals, regardless of vaccination status, are required to wear a mask covering their nose and mouth, while visiting one another in apartment homes and in public/common indoor settings. Public spaces in our communities would include:
 - Dining areas
 - Unmasking is permitted only while eating
 - Activity/Event areas
 - Common spaces throughout the community
 - Hallways

If you are in need of a mask, washable masks can be obtained at the Hospitality Desks

Social Distancing

- All individuals should maintain social distance of 3 feet apart when in common spaces or group events.

Dining

- Seasons and Mosaic will move to 25% capacity limit
- Enhanced To Go meal options will be available
- Dining areas are open to residents only, visitors are currently restricted from Dining venues
- Please see the previously sent Dining update letter for further detail

Visitation in Independent Living

We are highly aware of the importance of visitation and interaction with family, friends, and loved ones. **Visitation is permitted within resident apartment homes only at this time. Visitation in common indoor spaces, including dining areas is restricted.**

All Visitors must continue to:

- Wear a mask, covering mouth and nose, upon entry/exiting and while walking within the building and common areas
- Wear a mask while visiting in apartment homes
- Complete Sign-in and Health Screening at designated points of entry
- Obtain and visibly wear Visitor's Sticker
- Perform hand hygiene
- Refrain from visiting if they are ill
- Visitors who experience COVID-19 like illness within 48 hours of a visit should inform your Life Services department
- Contact your Life Services team regarding visitation within Briarwood Healthcare Center, Willows Assisted Living and Reflections Memory Support as these neighborhoods have additional requirements and regulation

Self-Quarantining, Symptoms, Exposure

- If you experience any symptoms of Covid-19 like illness such as:
 - Fever
 - Shortness of breath
 - Sore throat
 - Nausea/diarrhea
 - Loss of taste or smell and/or cough
- The following steps should be taken:
 - Begin quarantine within apartment home
 - Notify your doctor for further treatment instructions
 - Notify your Life Services department
 - Obtain COVID-19 test, regardless of vaccination status
 - Continued monitoring of symptoms
- In the event of an exposure:
 - Begin quarantine within apartment home
 - Notify your Life Services department

- Obtain COVID-19 test, regardless of vaccination status within 3-5 days post exposure
- Monitoring for signs/symptoms of illness
- If test results are found negative, vaccinated individuals may end quarantine
- Unvaccinated individuals will remain under quarantine for 14 days post exposure

Vaccine and Covid Testing

- Contact Life Services for a list participating pharmacies and providers

Along with the CDC, IDPH, and our local health departments, we will continue to monitor COVID-19 transmission in Illinois.

We will continue to inform and communicate any future changes or revisions to our current operating procedures with you via in-house mail and Caremerge.

We appreciate your ongoing support and cooperation. Stay well. Stay Strong.

FSO Life Services Department

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